



Classical Homeopathic Counseling
Ellen f. Bench, D.Hom, H.M.C.
Homeopathic Master Clinician

Application for Homeopathic Treatment

Client Full Name: _____

If client is a minor, Parent/Guardian Full Name: _____

Address: _____

City, State, Zip: _____

Phone:

(Home) _____ (Cell) _____

(Email) _____

*May we leave a message on a voice message system or email associated with the indicated telephone number identifying Classical Homeopathic Counseling and our office number?

(Y) or (N) Please Initial _____

Please Email, mail or bring your

- ✓ *History of significant life events,*
- ✓ *Tree Drawing,*
- ✓ *Wish List,*
- ✓ *Ailments List, and a*
- ✓ *Current Photo along with your application.*

Our policy is to protect and honor your privacy while facing today's communication challenges

Date of Birth: _____

Occupation: _____

Referred By: _____

Have you ever had Homeopathic Treatment? (Y) or (N)

If yes, what remedies have you tried? _____

Please list the reason(s) you are seeking treatment: _____

DECLARATION

I am willing to accept Homeopathic Treatment.

Date _____ Patient or Guardian Signature _____

*May we have your permission to share your case with Homeopathic study groups? (Y) or (N) Initial: _____





Disclosures

You Need To Know...

- I am a Classical Homeopath, NOT a medical doctor.
- I use ALL NATURAL Homeopathic remedies, I DO NOT “practice” medicine.
- I use a remedy appropriate to the totality of symptoms that individually represent your complaints.
- I DO NOT diagnose or name a disease.
- The AMA dictates that no alternative therapist may treat for a specific condition or ailment, and may NOT prescribe medication or adjust medication.
- Homeopathic remedies are regulated by the FDA and are registered with the US Pharmacological Association.

Homeopathy is a complimentary, subtle therapy. The remedies are all natural and in a diluted form, which motivate the body to heal itself.

Initials: _____

Medical Problems

If you as a client have a medical problem and have not seen your medical doctor, I recommend you do so.

Homeopathic consultation should not be utilized as a substitute for medical examination, diagnosis or treatment.

Initials: _____

Email and Scheduling

Contact me to check in, leave status or request a follow-up. Status may be e-mailed, but I will not respond by e-mail. It is imperative that you schedule a time to connect for updated recommendations.

Initials: _____

Acknowledgment

Please initial each of the sections of this disclaimer and sign your name to acknowledge that you have read and understand all of the above.

I acknowledge that I have read and understand all of the above information.

Signature: _____ Date: _____

Printed Name: _____

Address: _____ Phone: (____) _____

City: _____ State: _____ Zip: _____





Policies, Fees and Information

The initial consultation is the first step in your process of healing. I will listen and make a remedy selection to instigate a healing process based on the totality of the dis-ease picture I see. A free follow-up will be scheduled to assess the action of the remedy. I will make adjustments to the dose and/ or frequency based on your response to your remedy. I recommend three additional appointments over the next six months to facilitate the process and direction. The estimated cost should be approximately \$500 to \$1000, more or less, depending on the demands of your case management, and remedies recommended for your individual needs. Most dis-ease pictures today are complicated and need skilled attention which we acknowledge.

Emailing your status updates are free of charge. I love hearing from you and the office will file your status after I review it. If you have questions or need attention, please call the office to get on the schedule which could take up to 1 week, which provides time for my undivided attention to your concerns. Urgent care, call my cell phone at 406-381-2927.

I also want to take this opportunity to present my current policies:

- Initial Consultations are \$590.00 (as of 07/25/2025).
- Your 2-6 week phone follow-up (approx 20-30 minutes) appointment is FREE OF CHARGE.
- Status Reports are FREE OF CHARGE and may be sent by email. You will need to schedule time if you need to resolve an issue emailed. Please do not email emergencies. Call the office or dial 911.
- Additional case managements are \$165.00 per hour, per family member, plus charges for any additional remedies for existing clients.
- Hourly rate is \$250.00 for NON-Clients.
- "NOW CARE" Acute (Crisis) Consults are now available for \$150.00 for approx 30 minutes. Acute appointments will be scheduled with Lauren.
- Emergencies will be billed at \$95, minimum. (NOTE: It is important that you have emergency remedies on-hand for a speedy resolution).
- Payment is due at the time of service. We accept most major credit cards for your convenience.
- For verbal check-ins and status reports, or to schedule an appointment, please call the office. Please explain details of current symptoms, progress, concerns, etc. Messages are confidential.
- Consults are available virtually by phone.
- Classes of many kinds are available for you, your family, clubs, organizations or groups. A class list is available upon request. We are happy to help you in any way we can in being proficient to take care of your family members.
- All remedy sales are final, consistent with FDA policy. All items are guaranteed for quality, breakage, or defect. When you call the office, please be prepared to leave a message - as we are often on the phone with other clients. Please leave your name and State, status, and the remedy you are using with your phone number (there is no caller ID on all lines), so we can get back to you as soon as possible. Thank you.

I have read and understand this letter: Date: _____ Signature: _____





Application for Homeopathic Treatment

ADULT CASES

Homeopathy seeks to treat the entire individual, rather than separate symptoms. To accomplish this, we need a broad view of your life and the factors that have influenced your state of health. The following materials help facilitate this. Please submit these materials with your application. Ellen will refer to them during your initial consultation.

History of Significant Life Events

This is a simple narrative or list of the **major life experiences that you feel make you who you are**, such as deaths, births, injuries and illnesses, surgeries, medication, allergic reactions, losses, bed-wetting, disabilities, etc. Include anything you think may be significant to your current condition.

Tree Drawing

Make a sketch of a tree. It can be any kind of tree, drawn in any way you like, on a sheet of blank paper. The way you think of a tree. Please don't copy one out of the window. Make it your own. Artistic skills aren't necessary, and no one else will see it. This drawing serves as a way to get to know you. Spend at least 10 minutes working on it, please.

Wish List

If you had 10 wishes for anything at all what would they be? Make a list of ten things you wish for, your goals and dreams, big or small, practical or impossible.

List of Ailments

A list of ailments (such as insomnia or pain) should be on an additional list.

Current Photo

Homeopaths can tell a lot from your physical appearance. A current photo helps with deciding on the right course of treatment. And, it's easier for Ellen to put your face with your name! Any detailed pictures of ailments (like a rash) are helpful as well. (Please, no cute baby or yearbook pictures.)

CHILDREN'S CASES

Children are special. Our goal is to get as much information as needed to select a remedy as a tool to create movement to a better state of health. Please include the following information with your application to reduce the need to talk in front of the child and avoid embarrassing him or her, and make the most of your time with Ellen.





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List of Significant Life Events

In list form, make a **history of the life events of the child**. Include medications and vaccinations (and any negative reactions) fevers, traumas or injuries, and development of recurrent illness (for example, frequent stomach aches, ear infections, or chest colds). Also, include milestones and events important to the child that affect their well-being, such as weaning, moving to a new school, financial instability, absence of a parent, etc.

Tree Drawing and Creative Writing

Ask your child (if old enough) to draw a tree on a plain piece of paper. Bring it with you. Having the whole family do this is fun. Please do not let other children (or parents) direct this process. If an older child has written a story or poem, bring that as well. If not, give a writing assignment: ask what animal they would be and why, what their favorite color is and why, and their favorite food, too!

Wish List

If your child had 10 wishes for anything at all, what would they be? Children are so honest, this is great! It varies from ending world hunger to a Nintendo! No coaching. There is no right answers, let him or her do it uniquely.

Behaviors

List any behaviors you are concerned about, such as bed-wetting, thumb-sucking, bullying, nightmares, fears, aggression, refusal to eat appropriate meals, etc.

Current Photo

Homeopaths can tell a lot from physical appearance. A current photo of your child helps with deciding on the right course of treatment. And, it's easier for Ellen to put a face with a name! Any supplemental pictures of ailments like a rash or eczema, or big dark circles under their eyes are great, too.

Remedies are empowerments to balance, clean up and repair whatever is possible with homeopathic tools. The remedies are selected for each individual based on their unique circumstances. To facilitate this, the two-hour consultation consists of two parts.

Part 1: Parents' Interview

We'll spend the first hour gathering history, sharing parental concerns and discussing behavioral issues. The conversation may include the pregnancy period to identify trauma (like a car accident, financial struggles, or contemplation of divorce) or medications that may have been taken. Birth trauma (suction, vacuum, cord around the neck, mother hemorrhaging, etc.) should also be disclosed. These issues may contribute to ADD, anxiety, or any other issue at hand, even if not obviously connected.





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Part 2: Child Interview

Engaging in dialogue with a child can be fun and a learning experience for the parent and the homeopath! It does not have to be stressful. The goal is to get to know the child's struggles and strengths as they may see it. We want to discover what is true for them (broccoli may be yucky for them, even if you like it). Parents are commonly amazed at the depth and perceptions of children. For children who are old enough, consider letting them speak for that 2nd hour as much as they are comfortable.

Observation is a significant part of this process. Meeting alone with your child and the homeopath is ideal for best observation. Consultations during a house-call or in a group setting may deliver inadequate information. (It is a challenge to document subtle observations in a group of 4, 5 or 10 family members!) Additional time may be required to avoid dismissing any issues not obvious in a group or family meeting. Establishment of a case file, symptom data and follow up is recommended for the best management and results, so let's work together to schedule adequate time on the calendar for each individual case.

Communication

Remember, to accomplish this progression, communication is necessary. Record your status and check in with us. Wonderful results can be obtained and maintained as we work together.

Homeopathic remedies enable wonderful relief of mental, spiritual and physical complaints. Please feel free to ask about the totality of relief a remedy is capable of facilitating. Communication is required for a smooth transition towards our goal of balance. Please feel free to discuss your questions or status, or to obtain client referrals.

“Aggravations”

A special note about “dis-ease”: symptoms start at the surface and progress inward (with suppression or mistreatment), from the least important organ to the next most important, and so on, whereas the healing process takes place in the reverse order. As the remedy motivates the “dis-ease” toward the surface, an aggravation sometimes occurs. These occasional aggravations are signs that the remedy is acting. Misery or making symptoms worse before we are better are exaggerations and are not necessary in the extreme. Instructions for softening any old symptoms are provided with compassion while using homeopathic remedies to minimize an “aggravation”.

I look forward to making homeopathy a part of your family's agenda for well-being.





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Homeopathic Master Clinician

Homeopathic Classes

***Many Classes on DVD**

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Learn About the Safest, Most Effective Alternative to Drugs and Chemical Treatments
Homeopathy is Fast Acting, Has No Known Side Effects, & is FDA Approved!

Ellen Bench, Master Homeopathic Clinician of Stevensville, Montana teaches classes and is available for consultations. Those who have met with Ellen know her love and enthusiasm for homeopathy and value her vast knowledge and expertise as an experienced and gifted teacher and homeopath. For more information on classes in your area or to schedule a consultation, call the office (406-777-5875)

INTRODUCTION TO HOMEOPATHY – Here is a chance to find out about homeopathy; its history and principles; healing vs. suppression; vitality vs. disease; how stress, environment, diet, genetic, predisposition, and vaccinations affect health and more. Come and ask questions. Find answers for your concerns on any health issue! Meet a superb homeopath and excellent teacher. Find out why homeopathy is considered by many to be truly life changing! **** Avail on DVD** Live approx. 2.5hrs

FAMILY I CLASS – Introduction To Homeopathy For You and Your Family (popularly called the Family Class) covers the basics of homeopathy plus Ellen discusses the top 48 remedies that she has put together in the Family Kit explaining their uses in the home for emergency and acute situations that might arise. You'll be amazed at the amount of interesting and practical information that you will obtain in this six-hour live class. Better yet, you will be empowered to use homeopathy successfully for yourself and others.

(This class is prerequisite to the Next 40 Class and College Classes.) **** Avail. on DVD** Live approx. 6 hrs..

FAMILY II THE NEXT 40 CLASS – Learn how to use 40 additional remedies in the Advanced Kit. Ellen gives the mental/emotional themes of these remedies plus practical uses for them. **** Avail on DVD** Live approx. 6 hours.

HOMEOPATHIC CHILDREN IMMUNIZATION ALTERNATIVES – (HOMEOPATHIC PROPHYLAXIS) Learn about the risks and consequences of vaccines and discover safe and effective homeopathic options. Discussion about potential protection from infectious disease threats. Questions from you make each class unique. 3 hours. **Live Discussion Only**

HOMEOPATHY FOR PETS / LIVESTOCK – Ellen has a whole line of remedies and kits for use for animals. Your pets and livestock can have the ill effects of their vaccines antidoted, can be given safe homeopathic alternative homeopathic prophylaxis, can stay healthy with Pro Vitality, and can have various problems solved with homeopathic remedies. **** Avail on DVD** 1-3hours.

COLLEGE COURSES –Certificate and diploma courses begin at intermediate level after watching the first 4 DVD's or live classes. Continue learning themes and uses of more remedies plus the principles necessary to understand potency, vital force, miasms, etc. and how to take cases and make remedy selections. Case management, follow-ups are available in live cases. Modern text required.

DISEASE PREVENTION CLASS Learn about how to fortify weak or damaged organs or functions, including your genetic predisposition, using 1x tonics mixed with remedies as effective tools to build and fortify. Very empowering! Class 1 is learning tonics by organ function. Class 2 is an additional 5 hours learning 42 unique remedies by their organ affinity. Both classes; Disease Prevention 1 (Tonics) and Disease Prevention 2 (Remedies) **** Avail on DVD** approx. 4 hours each.

More Classes on DVD: Environmental Detox, Pregnancy, Child Birth & Newborn and Pain & Sleep
For more information please call (406) 777-5875

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