



*Classical Homeopathic Counseling
Ellen f. Bench, D.Hom, H.M.C.
Homeopathic Master Clinician*

Client Referrals

*Hello and welcome to the wonder of homeopathy!
Homeopathy is truly life changing. It has changed my life and I have 2 beautiful healthy daughters as proof!*

I was diagnosed with endometriosis, cystic ovaries and infertility before I saw a classical homeopath. I began my quest with study and professional guidance in nutrition followed by consultation with every alternative practitioner to whom I was referred.

It wasn't until my peculiar 2-hour consultation with a classical homeopathy that my "diseases" disappeared and my fertility was restored. My daughters were soon born a mere 15 months apart. I have been both intrigued and motivated to study and teach homeopathy ever since. I love my work and would love to share with you some personal testimonials to a variety of ailments I've addressed, including: ADD, Bi-Polar diagnoses, depression, behavior disorders, allergies, tic fever, blood poisoning, birthing trauma, rheumatoid arthritis, high cholesterol, high blood pressure, hormonal issues from menopause to infertility, chronic fatigue, pain from surgeries and burns, psoriasis, rage, rape, abuse, and the behaviors and pathologies associated with these ailments.

My girls in their 18 years at home never had a cavity, never needed an antibiotic, anti-histamine or an aspirin! We ate as good a quality of food we could raise or afford and avoided most sugary foods.

Homeopathy is wonderful. I hope you benefit from one of the most documented, scientifically-proven health sciences available today.

Shared in Sincerity,

Ellen Fowler Bench, D.Hom., H.M.C.

P.O. Box 6, Stevensville, MT 59870

Phone: (406)-777-5875



www.homeopathyinformation.com

Email: homeopathellen@hotmail.com

From: [REDACTED]
To: Ellen [REDACTED]
Date: Thursday, February 03, 2000 1:11 PM
Subject: Just checking in

*Answer + Unable to have a relationship
fridgity*

Hey Ellen,

Thank you so much for our last session- it was so great to see you. And I feel amazing now. For the first time, I truly feel content, balanced and whole...at least in retrospect it's the first time. I feel very good about myself, and I don't feel the need for as much approval as before. I just kind of do my own thing, and that's what I do. And I actually feel like I could BE with someone now. I started hanging out with a guy very shortly after I saw you, and I'm kind of interested in him. I met him this summer actually, but I had NO interest then. Now all of a sudden I do. He absolutely adores me, and he's so great. He's on the US Aerialist team, and he's actually on tour in Europe right now. The only bad thing about him is that like all of the other jumpers on the team, he's SHORT! He's 5'5, and I'm 5'8, and I've always had a thing for height. Other than that, we could be a pretty great match, at least for now. So we'll see.

Anyways, I just wanted to check in with you and tell you that I feel great. Do you have a toll-free number? I have a great friend in Maui who I would love to have talk with you. We have many of the same issues in common, although now I feel like I can say we HAD, and I think she could really benefit from a session with you. She ALWAYS falls for men who are unavailable, mostly because they're just not interested back in her. She's a GREAT girl, but somehow zones in on guys with no time but for themselves. I think she has confidence issues, not good enough issues, who knows what else. Anyways, she's also kind of cheap, so if you had a toll free number, I'm sure I could convince her to call you up. Let me know. Well, write me back soon to tell me how you're doing. Love you, Sarah -

Subj: (no subject)
Date: 2/20/2005 18:37:31 Mountain Standard Time
From: [REDACTED]
To: HomeopathEllen

Hi Ellen,

I wanted to thank you again for the amazing work you've done with my Nick. Please feel free to use our case as a testimonial to the effectiveness of homeopathic remedies.

My son Nick is 9 years old and in the 3rd grade. He saw Ellen because he suffered from excessive anxiety, worry, deep & sorrowful sadness, depression, inability to relax his mind & body, difficulty concentrating & focusing, and suicidal ideation. Within only a 2 month time, the sequence of remedies Nick has taken from Ellen have alleviated every problem. My child now feels like a child, whereas for many years prior he has felt as though he carried the weight of the world on his shoulders. Nick used to feel like a miniature adult, with his adult like seriousness and heaviness. He now reminds me of a little lion cub as he wrestles & giggles with his 5 year old sister, and is late for school because he's making puppets out of the napkins at the breakfast table to make his younger sister laugh. The playfulness of a child has finally blossomed in Nick!

His concentration in school and his attitude about school have also improved remarkably. Nick received a poor mid-term report in early January. When I picked him up from school, his response about the report was that he wanted to develop a strategy between himself, his teacher & me to improve his grades. Nick's openness & confident response was amazing, and brand new. Nick had received similar feedback from teachers in both 1st & 2nd grade; however, his response then was "who cares about grades, they don't mean anything". Nick didn't want to try very hard in school, and now has a desire to read 450 pages each month to get an 'E+' on the reading board in his classroom. Now he cares!

I feel Ellen has saved my child from suffering, from isolation, and from self destruction. Ellen's homeopathic approach has worked. I watch my child run past me at the park last week with a huge, happy smile on his face as he runs away from a few kids in a game of tag. How adorable that this child is experiencing the freedom to be a child for the first time in his young life.

3/1/05

Referral Letter to Homeopath Ellen Fowler

Shortly after meeting Ellen and hearing about Homeopathy for the first time, (12 years ago) my son came home from a mountain fishing/hiking trip with tick fever. He had pulled two ticks out of his back. I called Ellen and asked her if she had a remedy for tick fever. She told me, "No, we go strictly by the symptoms." I gave her all his symptoms over the phone, while asking him questions that she asked me. I drove to her house and picked up three remedies. As it turned out she was right on the first one she had me give him and we didn't have to try the other two. She sent those along 'just in case'.

He was so sick he could not get out of bed, could not allow the shades in the room to be raised (light hurt his eyes), his head was pounding, he had a high fever, etc..... Since it's been so long I can't recall everything. Tick fever has also been know to be fatal.

Ellen had me give him one dose of Aconite 30c. After 30 mins he could tell it had helped and he was feeling a little better. I called her and told her this. She said, "Bingo, we are on the right track." She had me give him Aconite 1m only one time that evening. Before we knew what was happening, he was out of bed and playing his fiddle. All the symptoms were totally gone except for a slight headache, slight fever and one other. He had many terrible symptoms that were very horrible. I think she had me give him one more dose within a 24 hr period and he was totally well.

Our future son-in-law was witness to all this and he is a very sceptical person. He knows what you would have to do going the allopathic route. Antibiotics for weeks, etc..... He was astonished how it worked and how quickly it worked. Needless to say, we all were and that's where I began to have a huge desire to learn more.

One other factor is the expense. This cost only a fraction to what going to a DR, emergency room or even a hospital stay would have cost.

Luci S.

Page 1 of 1

Subj: another
Date: 3/1/2005 23:44:11 Mountain Standard Time
From: [REDACTED]
To: homeopathellen@aol.com

Ellen gave me a remedy some five to six years ago and I never even realized how and what it did till I went back to her later on. I then realized how much my emotional status had reversed for the better. I had always been such an inward person. Closed-up, if you would. I was astounded when I realized what that one little pellet had done for me. Now I am so much more out going and not afraid to speak up. It brought my body back to balance where it was supposed to be. I hadn't really known I was so out of balance.

I went to Ellen with some serious female troubles. I knew if I had gone to a DR that they would want to cut things out of my body. As I sat in her office that day I could hardly talk for being so emotional. She dropped a rem in my mouth and asked me how it felt. I didn't notice anything till I began talking again and the emotion had subsided. I looked at her in shock and said, "I'm not crying now!" I knew the rem. had worked.

She sent me home and had me take Rhus Tox. I think we may have upped the potency and I didn't think it was working. The female pain was so bad I was doubled over with it. Could not stand up. Only better in the fetal position. Bleeding would not stop. I thought I was a gonner. I had never been incapacitated like this in my life! I was so scared. She called and so patiently and kindly asked me to keep on with the Rhus Tox. She convinced me to not give up and it worked and I've never had the trouble since. That has been many years ago. I am now going through my change of life and from the horror stories I hear from others, I am blessed. The so-called hot flashes/chills are so minor I hardly even sense them. I have worked with Ellen along and kept things at an even keel 'so to speak'.

After many years of seeing Ellen do so much for other people homeopathically, my husband finally gave in and went to her for counseling. He came home telling me he knew himself better than he ever had in his life. She was able to remedy stomach troubles he was having, feet problems and many emotional issues in his life. Because of her working with both of us, as a family, it has helped our marriage plus many other things.

Cheryl

P. O. Box 2612
Kalispell, MT 59903
December 8, 2002

Dear Ellen:

I would like to tell you how much you have affected my life. I had been sick with some infection almost monthly since early childhood. I consumed so many prescriptions that it left my liver compromised. I used several different alternative healing modalities which greatly enhanced my health before I met you, but your use of homeopathy has significantly changed my life. Homeopathy goes where nothing else can seem to go. When my blood pressure skyrocketed I tried many things, but nothing helped until I met you. You had it down in a few days. Then you began the task of trying to peel away the ills of my past. It was amazing how I started to feel better than I ever had and no longer caught every virus that came near. I had never really known wellness. It amazed me how you analyzed so many factors to find the whole picture of the person, not the disease. The body/mind connection became real for the first time. It was amazing how my mental and emotional state changed as well as the health of my physical body.

After studying homeopathy with you and now with the British Institute I feel very humble. There is so much to learn and understand. You are a master of the art of homeopathy. You are very good and are helping so many people be well. Thank you!

Sincerely yours,



Linda Peterson

Summer 2002

To: Classical Homeopathic Counseling

For: Referral

My grandson was bitten by a neighborhood domesticated cat. His mother cleaned it well and put a charcoal pack on it that evening. She did everything she knew to do to draw out poison if there was any.

When he awoke the next morning his hand was swollen twice the normal size, it was hurting very badly and there were red streaks running up his arm. She knew this was not good at all. She called me on my cell phone and I told her to call Ellen right away. Ellen had her begin giving him remedies as they were on their way to her office. This is something that is very serious and not to be taken lightly.

I don't know all the remedies he was given, (homeopathic tetanus was one) but as they were being administered, his Dad said he could actually see the red streaks moving before his very eyes. Ellen told them the poison was heading to the glands and then it would move to the heart.

This is only one of many times we have been so grateful Ellen was close and we were fortunate enough to know her. Besides being an excellent Homeopath, she's a good friend.

DL

Jan 2005

My son is 9 years old and is in the third grade. He has been seeing Ellen for 6 months and my entire family has benefited from it. He is more focused, happy, generous and fun. School is easier now. Most importantly his relationship with his little brother is 100% improved and they are inseparable; they even chose to share a bedroom again. Their easy relationship has eased the tension in our household tremendously.

We have had mixed messages and diagnoses regarding his behavior and the possibility of ADHD. Our pediatrician agrees there is a behavior issue, but did not feel it was ADHD. A neurologist was practically yelling at me that I MUST put my child on Ritalin, I had no choice. (He also told me since I was as obsessive as my child, I would probably research the drug ad nauseum, which would be a waste of my time, since Ritalin was the only choice I had to treat my son. Turns out he was right, I did research it thoroughly, and it cemented my decision that Ritalin was the wrong answer.) Teachers from preschool, pre-K screenings, and elementary school all felt I should just accept the inevitable ADHD diagnosis and agree to the stimulant therapy. I was so overwhelmed and exhausted from battling my child's inexplicable behavior, reminding him to be nice, calm down, don't touch, stop that, don't hit, be quiet, come back. I was ready to try anything that would offer relief to my family and calm to my son's life.

My son has had a few traumatic experiences in his life. Some have left permanent imprints to his psyche resulting in overreaction to many situations that other children handle easily. Much of his behavior was explained away when we discovered his tonsils and adenoids had grown so large as to constrict his breathing by 85%. Also, they were chronically infected. So, when he was six, we opted for surgery to remove that lymph tissue, thus clearing up sleep apnea.

He was beginning to be labeled at school as a kid who disrupted the class, had issues learning, considered bright but potentially not learning easily. He was very active, talking at inappropriate times, not completing work, irritable and aggressive at times, and unhappy about school. Reading and writing were below average. He was memorizing everything and using his memory in place of writing. The school screened his vision and found that his eyes were not tracking together. So a series of eye exercises seemed to improve that condition. Everything improved.

But none of these interventions had enough of an impact to bring out the sweet temperament I remembered, and wasn't ready to abandon. There was still something that wasn't right, and I could not find an MD to listen, and who had an answer I agreed with. After my disastrous meeting with the neurologist, I started calling anyone who would talk to me. First, our pediatrician. Then, a nurse I remembered from a local clinic. She directed me to a naturopath, who then sent me to Ellen. Each person was a layer closer, but I feel Ellen's homeopathic approach has truly released him from the layers of fear and anxiety that were covering up the happy little person I knew from his early years, and glimpsed now and then since.

He is now secure, cheerful, well mannered, and hard working. He works hard at school to get his work done to be sure his time at home is free from homework. His grades are improving. Backtalk, eye rolling, and arguing are at the level I'd expect from any kid, not a constant barrage. Lots of my requests are answered with "OK, Mom." That may not sound impressive, but from my exhausted standpoint, its all I wanted. Peace for my child, and peace in my house. And now we have it.

When he gets off kilter, his behavior and attitude change for the worse. I keep in touch with Ellen, and when necessary, use the homeopathic remedies and within a few days, he has regained his balance. Its easy to tell now when things have upset him, and a nudge with the right remedy quickly rights it. Instead of the previous constant state of chaos, there is a constant state of control, with blips that can be easily handled. He feels powerful about his life.

To sum up his progress: while watching his favorite program and talking with his brother, he did 100 simple division math problems in 15 minutes. And he got 96 right.

September 26, 1997

Betty J. Crowley

[REDACTED]
Missoula, MT 59801

Ellen Fowler Bench
Homeopathic Counseling
4012 Valley Vista
Stevensville, MT 59870

Dear Ellen,

This letter is in response to your request of services to and for my family. In the past three years, you treated my husband, John Wryn,

Following a 100 pound weight loss on a liquid diet program, John had a total knee surgical replacement August 7, 1989. He was treated by medical doctors for less than 24 hours when he suffered a massive stroke. He was treated by the doctors for the next 3-4 years and was on approximately 3 to \$400.00 prescription drugs monthly. He had progressed during this time to a moderate life style, with limited speech capacity. At the end of 1993-94 time, he regressed to a sit, stand, sleep, and infant-like capacity. We were looking at a nursing home.

A neighbor of Ellen Blackwell, Al Jackson, worked with me and upon hearing @ John's plight, offered me Ellen's card. I phoned her from my office and made an appointment a few days later. I was skeptical, John believed from the beginning.

[REDACTED] ...he was on drugs to keep him alive, per the health care professionals. We could see that the drugs were killing him. This, in my mind was a last ditch effort to keep him living and with some dignity.

IT WORKED! John talked better from day 1 with Ellen. He began to think, respond and act like the man I knew. The doctors and nurses were vehemently opposed to this treatment. His chemical panel tests are in the normal ranges with few tests a tad bit high, i.e., blood sugar is at 117, norms list 110 as high. Blood pressure is 140/80 today and the highest reading was 155/85, during a trying time in the family.

Since this time, John has redeveloped his capacity for living almost as fully as before the stroke. It is truly a shame that medical doctors and homeopathic faculty cannot work together. John would have benefited from such a union.

Page 2
Bench-Crowley
09-26-97

In the past year, I was diagnosed with ulcers in the esophagus through to the colon. Pathology reports no cancer. The drug given me by the doctor was a known entity with carcinogens. I tolerated the drug for several days and then it quit working. My symptoms returned. Ellen prescribed and the symptoms stopped.

My previous experience with homeopathic drugs was negligible. I have reactive problems to most medications. This experience with the ulcer medication is appreciated as I had no other avenue for healing that I could tolerate.

In short, we believe in homeopathic medicine and wish that the medical world would recognize attributes of all types of treatment and work together for improved patient care. Our medical doctors do what we ask of them, but without much support for what has worked for us.

Hope this testimony will aid anyone who cares to read it. I am available for further comment at 406-549-9387 after 6 PM.

Respectfully,

John May and Betty Crowley

Betty J. Crowley

cc: file

MISSOULA FACILITIES

FAMILY PRACTICE
Corner Front & Orange
(406) 721-5600

FAMILY PRACTICE
MISSOULA
631 West Alder
(406) 721-1850

COMMUNITY
MEDICAL CENTER
CAMPUS
Physician Center #3
(406) 721-5600

NOW CARE
DOWNTOWN
Corner Front & Orange
(406) 329-7500

NOW CARE
SOUTHGATE MALL
Brooks St.
(406) 721-0918

May 14, 2001

Dear

SATELLITE CLINICS

WESTERN MONTANA
CLINIC DILLON
Dillon, MT
(406) 883-5113

WESTERN MONTANA
CARDIOLOGY
Whitefish, MT
(406) 882-4887

Your rheumatoid factor remains negative. Your index of inflammation is normal as well. Reviewing your x-rays, there are no destructive changes of rheumatoid arthritis. You do have some mild cystic changes which certainly can be seen with rheumatoid arthritis. Your joint spaces look quite good.

AFFILIATED CLINICS

ARLEE
FAMILY PRACTICE
Arlee, MT
(406) 728-3000

FLORENCE
FAMILY PRACTICE
Florence, MT
(406) 273-4923

FRENCHTOWN
FAMILY PRACTICE
Frenchtown, MT
(406) 826-5769

LOLO
FAMILY PRACTICE
Lolo, MT
(406) 773-0045

WESTERN MONTANA
MEDICAL CLINIC
Polson, MT
(406) 883-5680

WESTERN MONTANA
MEDICAL CLINIC
Ronan, MT
(406) 676-5680

SEELEY SWAN
MEDICAL CENTER
Seeley Lake, MT

I do hope you continue to do well. As you are aware, I do not agree with the decision you have made with regard to discontinuing all your therapy. However, I will be more than happy to see you back if things deteriorate in the interim.

Otherwise, I hope to see you in follow-up in about three months. If you have any questions or concerns, please do not hesitate to contact me.

Sincerely,

AMBC/lis

Hello Ellen

Feel free to use all or part.

My homeopathy story:

I signed up for a Homeopathy class through my massage therapy school. (I had seen to a few homeopathic practitioners in the past but didn't really understand what it was about.) The class met and exceeded my expectations. I am very logically minded. Everything Ellen presented was concrete and made sense. My entire perception of health, medicine, and healing changed.

I became so excited about Homeopathy and the potential it has for me; personally. I made an appointment with Ellen when she mentioned she had some time.

I have struggled with anger and even rage for as long as I can remember. I also have Autistic tendencies, especially in the area of sensory processing. Specifically - I have struggled with bright lights and certain sounds. I have had an extremely sensitive sense of smell forever. I NEVER liked to be touched, unless it was on my terms. These and other challenges have significantly affected me throughout my life and my own family dynamic.

After taking the remedy Ellen suggested, I felt changes happening within my body within minutes. AMAZING!! Very real sensations and reactions! But while I felt "stuff" going on, I didn't think I felt "that" different. I returned home and began noticing that I wasn't angry at every little thing my kids did. I wasn't as bothered by all the sensory bombardment I usually feel. Intimacy and cuddles are now enjoyable!

I noticed results the very first day and I have been experiencing further improvements in the 2 weeks since my appointment with Ellen. I used to feel like an emotional Richter scale with major earthquakes every day. I now feel more stable and in control of myself. My rage is GONE! I am no longer incessantly distracted by my sensory struggles. My tolerance has improved greatly.

In addition to emotional improvements, I have experienced physical relief as well. I have had mid back pain for several years. My back no longer bothers me!?!?! I have varicose veins and long and heavy menses. I have noticed there is much less pain associated with my varicose veins. Also, my last period was surprisingly lighter and a bit shorter.

Just stating my experience with homeopathy brings tears to my eyes. Homeopathy is REAL!!! Addressing the true cause of my outwardly manifested issues has been a most enlightening adventure. My life has improved in very real and tangible ways: in ways that I never thought possible.

Thank you so much Ellen!

-JL-Utah

PATIENT [REDACTED] SEX AGE [REDACTED] DOCTOR MINDY OPPER PA
PATIENT PHONE: NG
REQUESTS: H FSH TSH.SPM SEROT
COMMENTS:

09705701

COLLECTED 08/29/01 1715

TEST	NORM	ABNORM	UNITS	REFERENCE RANGE	LT = Le GT = G
TSH	3.53		uIU/mL	0.40-5.00	
FSH	28.0		mIU/mL		
Follicular phase	4.0 to 13.0		mIU/mL		
Luteal phase	2.0 to 13.0		mIU/mL		
Midcycle peak	5.0 to 22.0		mIU/mL		
Postmenopause	20.0 to 138.0		mIU/mL		
LH	26.0		mIU/mL		
Follicular phase	1.5 to 15.5		mIU/mL		
Luteal phase	1.0 to 16.2		mIU/mL		
Midcycle peak	11.4 to 79.7		mIU/mL		
Postmenopause	11.1 to 65.1		mIU/mL		

Diag w/ depression
from
Sept to Dec.
Sent
Serotonin

SEROTONIN - 91 ng/mL 50-200
BLOOD

BEFORE
REMEDY

**** REF LAB ****
03 ARUP - Salt Lake City, UT 84108
17 SHMC - Spokane, WA 99204
24 St Patrick Medical Ctr - Missoula, MT 59801

W 9/6/01

Dec 17 01 03:11p Blue Mountain Clinic
PATHOLOGY ASSOCIATES
MEDICAL LABORATORIES
SPOKANE, WA. 1-800-541-78

406 5439890
THOMAS J. ALLERD
MEDICAL DIRECTOR
FINAL REPORT

PATIENT PHONE: NG
REQUESTS: CMPA.SPM TSH.SPM LH FSH SEROT
COMMENTS:

DATE RECEIVED
DATE REPORTED

12/11/01

PAGE 2

TEST	NORM	ABNORM	UNITS	REFERENCE RANGE	LT = Le GT = G
SEROTONIN - BLOOD		218 H	ng/mL	50-200	

After REMEDY

**** REF LAB ****
03 ARUP - Salt Lake City, UT 84108
17 SHMC - Spokane, WA 99204
24 St Patrick Medical Ctr - Missoula, MT 59801



MAYO
Mayo Medical Laboratories

Laboratory Service Report

Mayo Clinic Dpt of Lab Med & Pathology
200 First Street SW
Rochester, Minnesota 55905
1-800-533-1710
CLIA# 24D0404292
Lab Director: Curtis A. Hanson, M.D.

Mayo Medical Laboratories New England
265 Ballardvale Street
Wilmington, MA 01887
1-800-533-1710
CLIA# 22D0072372
Lab Director: Charles J. Przyjemski, M.D.

PATIENT NAME [REDACTED]	MED REC # [REDACTED]	DOB 06/14/1966	AGE 37Y	SEX F	ACCESSION # [REDACTED]
ORDERING PHYSICIAN [REDACTED]		CLIENT ACCESSION # [REDACTED]			ACCOUNT # [REDACTED]
Western Montana Clinic Attn: Lab 515 West Front Missoula MT 59804		COLLECTION DATE TIME 10/13/03 11:15 A		SPECIMEN INFORMATION	

HCV QN by bDNA, S

Specimen Source
HCV QN by bDNA, S

Serum
1,029,740

Assay dynamic range is 615 IU/mL to 7,692,310 IU/mL.
To convert IU/mL to copies/mL, multiply the IU/mL result by 5.2.

REC'D 10/14/03 07:23 A

RPT'D 10/15/03 08:00 P

IU/mL

hepatitis C
over million before homeo
pathic.

T43473 COLL: 12/07/2004 10:15 REC: 12/07/2004 10:16 PHYS: SAX K

HEP C VIRUS QUANT BY

(NOTE)

Test	Result	HI LO	Units	Expected Values
HCV QN by bDNA, S				
Specimen Source				
HCV QN by bDNA, S	Serum 317862		IU/mL	

Assay dynamic range is 615 IU/mL to 7,692,310 IU/mL.

To convert IU/mL to copies/mL, multiply the IU/mL result by 5.2.

TEST PERFORMED OR REFERRED BY Mayo Medical Laboratories
200 First St. SW
Rochester, MN 55905
Laboratory Director:
Curtis A. Hanson, M.D.

after
homeopath
down 2/3!

Patient Information - Confidential

K [REDACTED]

(MR # [REDACTED])

CT ABD W IV CONTRAST [RAD [REDACTED]] (Accession

Status & Final result

Date Filed

Normal

9/7/2011 [REDACTED]

Date of Service

09/7/2011

CDT

PACS Images

Show Images for CT ABD W IV CONTRAST

Entry Date

9/7/2011

Study Result

CT SCAN OF THE ABDOMEN WITH CONTRAST:

INDICATION: Breast cancer. (LIVER + BONE)

COMPARISON: ^{THERE} [REDACTED] is a prior CT abdomen from 4/25/11 and 6/30/10 available for ^{COMPARISON} [REDACTED].

TECHNIQUE: Helical acquisition is obtained from the hemidiaphragms down through the iliac crest. The study is performed with oral contrast and 100 cc of Omnipaque 350.

FINDINGS: Small foci of low attenuation seen in both lobes of the liver are either stable or decreased in size since 4/25/11. All are decreased in size since 6/30/10. Mass on image 32/2 measuring 7 x 4 mm measured 7 x 6 mm. On image 24/2 low attenuation mass measuring 15 x 6 mm measured 15 x 7 mm. Small subcapsular metastasis image 20/2 measuring 5 mm currently measured 6 mm previously. Low attenuation focus in the left lobe image 13/2 measures 13 mm in short axis diameter on both scans. There are no new hepatic metastases seen.

PREV. REPORT SCAN AT END OF CHEMO. SHOWED TUMORS SINCE END CHEMO. The spleen appears normal. No focal pancreatic enlargement. The gallbladder and biliary tree appear unremarkable. The kidneys and adrenals appear normal. There is no evidence of retroperitoneal adenopathy. Sclerotic osseous metastases are stable.

IMPRESSION:

1. Further decrease in size of hepatic metastases with no evidence of new metastatic disease in the abdomen.
2. Stable osseous metastases.

Result History

CT ABD W IV CONTRAST (Order# [REDACTED]) on 9/7/11 - Order Result History Report.

Interpreting Provider
J [REDACTED] MD

Status
Final result

Signing Provider
John [REDACTED] MD

Authorizing Provider
M [REDACTED] MD

Summer 2008

To: Anyone considering studying Homeopathy under ELLEN FOWLER BENCH, D. HOM., H.M.C.

From: Barbara Steskal
Nebraska

I have been studying various methods of alternative (to allopathic) healthcare for a few years and am familiar with the power of homeopathy. However, until recently I was not able to discern how to use homeopathic remedies unless prescribed to me by someone trained in homeopathy.

Then ELLEN FOWLER BENCH came into the area of Nebraska where I live and began instruction classes in the use of remedies. I initially took the "Introduction to Homeopathy for You and Your Family" class and was amazed at what I would be able to do for my family with just this one class. Soon after taking the class, I was able to use my purchased "Family Kit" of remedies to eradicate the pain of a broken thumb and pulled muscles using the Injury Combo remedy. With those first successes, I was eager to use other remedies - and had some confidence that I could effect positive results. I was able to repel insects by dispensing a single pellet before going outside. My husband was impressed that I could take away his joint pain that he gets whenever the barometric pressure changes. I was hooked and hungry for more knowledge.

When I began the "Eight Weeks of Homeopathic Theory" class, I thought that these remedies were way beyond my scope of knowledge of the human body/mind. But I knew I could at least be more educated about the possibilities of keeping or regaining health via homeopathic treatment. I have learned more than I ever could have imagined in this class.

Then, because I am a rancher/rancher's wife, I took a class from her on large animal health. I came home and used my knowledge gleaned from Ellen at that class on our barn cats for distemper-like symptoms and noticed immediate changes in the health of the cats. That intrigued my husband enough for him to suggest I try remedies on a steer and replacement heifer that were getting hoof rot. I used remedies I had gotten from Ellen (along with her suggestions of how to administer them) and, again, noticed substantial success. I am planning to implement whole herd health with Ellen's guidance.

I cannot express upon you enough that Ellen is a dynamic teacher. Her knowledge of homeopathy far exceeds that of anyone I have ever met - and her experience is invaluable. As you go through her classes, she is thorough in giving the facts of the remedies - but she also relates stories of her practice that give the remedies a personality that is easy to remember. Ellen has a dry, quick wit - and you'll find yourself laughing during much of the class. Indeed, whether you are attending a two-hour or six-hour class, you will be amazed at how quickly the time passes - and will find yourself wanting her to continue relating her experiences.

During the classes, students naturally start to explain ailments they have or that friends or family members have. She consistently astounds you with her in-depth intuition as she relates other ailments or possible causes of the ailments that are so accurate that it often seems that she must already know the person being discussed.

Something that impresses me the most about Ellen's teaching was her boundless patience as we students asked virtually the same questions over and over while we switched our thinking from allopathic practices to homeopathic practices. I have never, ever seen even a hint of frustration on her part. She also has the ability to teach at whatever level the student is at - a very rare talent to find among persons so learned in their field.

If you even think you would like to learn anything at all about homeopathy - and you have the good fortune of having ELLEN FOWLER BENCH as your teacher - I suggest that you do whatever you have to do to schedule as much time as possible as her student.

June 2008

To: Classical Homeopathic Counseling

I have struggled with fearful, anxious and dark thoughts my whole life. After a very stressful year managing a store working from 8:00 a.m to 6:00 or later five days a week and trying to juggle everything at home with the kids 5 and 7 year olds. I had met my breaking point. After losing my job at the store I stayed at home and was pretty much a recluse. During this time I had a huge melt down one day when I was getting the house ready for Christmas guests, everything just seemed like it was way to overwhelming, it all ended with me screaming and crying while scrubbing the bathroom floor one hour before guests were to arrive. After dinner I had terrible abdominal pain and very bloody stools, the next morning I started having bad Chest pain and I had the shakes. My E.K.G. showed everything was fine with the heart and the doctor chalked it up to anxiety. So I walked away with Prevacid and an anti-depressant. This worked for a few weeks until I suddenly got terrible stomach upset so I had to be on stomach ulcer medication also. All the medicine just barely got me by and my depression got really bad and then started having pain in my breast and then into my arm and then both my legs. The doctor thought I was just a panicked nut case and sent me home with a different medicine to keep me calm.

All of this was so upsetting to me especially since I am only 30 years old. I started thinking a lot about death and wondering what type of cancer I was probably dying of. I also started worrying about my two boys. Worrying about things like one of them getting impaled on a stick while playing, making them wear drab colors to school in case there was a school shooting so that the shooter wouldn't notice them in their dull colored clothing.

I also flew off the handle easy and my husband and children were getting so tired of it.

Finally after a year and a half of unexplainable pains and aches and terrible doomsday thoughts plaguing my life I went to see Ellen. I wasn't prepared for the emotional two hour meeting of digging up my secret past of a childhood that could easily be a Steven King Book. But I am glad that I did, I understand a lot about myself now and how all of this last year and a half even happened to me.

I was able to get off of all my medication from the doctor and within three weeks was not having anymore stomach ulcer pain and rarely have reflux discomfort which is easily controlled. My pains everywhere else have subsided by 90% I still have a little way to go but it is getting better every day. Also my terrible thoughts are diminishing by leaps and bounds every day. My house is peaceful and happy and my husband and children are at ease.

I am so glad that God put Ellen in my path when he did. I wanted to be brutally honest in this referral and say things that I know others might be to afraid to tell people about themselves, I did this so that someone else with similar problems could read my letter and think to themselves that "if this womans problems can be fixed then so can mine." It isn't just spider bites and poison ivy that homeopathy works on.

Thanks for Caring Ellen

Heather

Ag. 1

Dear Ellen,

I am so grateful you came into our Nebraska lives, all the way from Montana!

Three months ago, I was pretty worried about our 13-year-old son. Physically, his body had been racked by the West Nile Virus, and he was still suffering from those ailments. With his immune system compromised, he had severe allergic reactions to poison ivy - even in January!

Since he was born, he had a tremendous gag reflex to specific textures. He instantly gagged on green beans, broccoli, potatoes, etc. . . He could eat raw carrots, but cooked carrots would make him gag. . . loved sour gummy worms, but hated cotton candy and chocolate. (What kid hates any kind of candy?). He loved strawberries - - gagged on cantaloupe. Tolerated grapes - - gagged on bananas. And. . . oddest of all. . . was capable of swallowing big ol' horse pills without gagging. His pediatrician told us to keep "re-introducing" all foods, and eventually, he would "grow out of it." At the age of 12½, nothing changed after all the years of "re-introducing foods".

I could see early signs of depression. He spent many hours by himself. He kept things bottled up - then all of a sudden he would explode when we least expected it. He suffered from several real, live PHOBIAS. It got to the point where he would not go outside by himself, or downstairs, or even into the next room by himself. And yet. . . was fearless to ride a horse at break-neck speed, or wade so far out into the ocean that I thought we might lose him to undertow.

At the age of three, he regressed, and stopped talking. At the pediatrician's suggestion, we entered him into the world of Special Education. Like many kids requiring "special education", he was bright, and inquisitive, and willing to learn. But somewhere in his brain, that information would not come out in the format required by public school testing. Sometimes he begged to be "home-schooled". He has struggled and struggled with the status quo curriculum and testing.

Thirty minutes after your first remedy, I noticed that "a weight had been lifted" from his shoulders. His disposition seemed sunnier, happier, and lighter. We continued your remedy, as advised, for four weeks.

Five days after that first remedy, I happened to see something moving in the back yard. It was my son. . . outside. Building a fort. BY HIMSELF! I couldn't believe my eyes!! He has continued to enjoy going most anywhere by himself ever since.

Six days after that first remedy, I caught him eating ice cream. . . something he'd always hated. A few days later, I asked him if I could put a little lettuce on his sandwich. He agreed to try. (He actually WANTED to try). He ate only half of

the sandwich. . .but that was just the beginning. He continues to "reintroduce" all foods HIMSELF, and is eating more and more things that used to make him gag.

Seven days after that first remedy, he had reason to be very angry with his Dad. He began his old routine of secluding himself and bottling those feelings up. As you recommended for "bumps in the road" like this, I dissolved one of his homeopathy pellets in a bottle of water, labeled it, and kept it in the door of the refrigerator. About 15 minutes after I gave him a SWIG of that water, he was able to verbalize his feelings to his Dad.

It was a bit rough. . .but after he "let it out". . .he was happy, and ready to resume playing. WHAT A DIFFERENCE from before the homeopathy!!!

I'm not sure how to describe this. . .his Persona/Aura/Stature seems more grounded. He "stands taller" with more confidence. I used to feel like he would prefer to be invisible - - now he looks you in the eye and stands his ground.

He says he doesn't remember any bad dreams since that first remedy was given, but remembers waking up from several "good" dreams. The dynamics with his brothers has visibly changed in a positive manner. He handles difficult or negative or stressful situations better. He is so much more verbal and active and energetic. He visibly has more love for life.

School hasn't started, yet, but he has taken it upon himself to write stories. He is typing pages and pages in his computer. It is much easier to understand his writing. It's like he is able to better communicate what has been locked away in his mind. Talking on the phone used to be difficult for him (for whatever reason), so he hated doing it, no matter whom it was. After the homeopathy, he doesn't mind calling friends, and seems to actually enjoy chatting on the phone.

We have not seen a return of the poison ivy allergic reaction. Nor have we seen any fever blisters. We continue to give him a SWIG of remedy when any of the old symptoms show up. Each time so far, the pain or other symptom MOVES out. We will be sure to contact you if any symptom is stubborn and refuses to move out with the remedy.

I can't tell you how much I appreciate your service! Over the 13 years of his life, he has seen several medical doctors, several alternative therapists, several public school counselors/special education teachers, speech therapists and psychiatrist. All rendered valuable tools for healing and learning. . .but now I see a huge jump in his progress. The homeopathy has been moving out pathologies that weren't moving out by all our former knowledge and tools. . .allowing him to become the young man he has always wanted to become, and known he could be.

- - -A grateful friend in Nebraska.

July 2008

Hi Ellen,

Thanks for all your help. You're the BEST!!

D Litz
Nebraska

I first heard about homeopathy from my mother-in-law's friend. Ellen offered a class in Inman, Nebraska. I attended the first "family-kit" class and became fascinated in homeopathic approaches towards health and wellness. Ellen explained the history of homeopathy, the use of 48 various remedies and her initial encounter with homeopathy. She can definitely hold your attention.

After the first class I knew homeopathy would benefit each person in our family. The first person who had an initial consultation was my youngest son, who was having difficulty in school. He had difficulty concentrating and remaining still. I did not want to have a doctor prescribe medications for ADD, since there can be negative side affects. After Ellen spent 2 hours with him, she was able to pinpoint the perfect remedy for him. She made recommendations about specific behaviors, for example eye contact, which has been a tremendous help in every day living. Ellen is knowledgeable about human behavior and the impact of a specific remedy for an individual.

The next person in my family who had an evaluation with Ellen was my husband. For three years he suffered from intense stomach bloating, abdominal discomfort, fatigue and a foggy mind. He had an endoscopy, an ultrasound for his gallbladder, used prescription strength medications for gastroenteritis, but nothing helped long-term. He completely stayed away from all dairy products, such as eggs, milk, and ice cream. He also limited his sugar intake. He tried various methods to get relief from the intense discomfort of bloating in his stomach and back. One evening he was having pains above his stomach and under his chest. I gave him a remedy out of the family kit and within 90 seconds, the pain was completely gone. We scheduled an appointment with Ellen right away. After a couple of hours, Ellen gave him the correct remedy. Several days later my husband had an overall feeling of wellness, so he tried an egg. He had absolutely no discomfort or bloating after the egg. He eats everything now without problems. He also had plantar fasciitis on his heel and that has improved 100%. Ellen gave him the right combination of remedies to fit his particular needs and his health is SIGNIFICANTLY improved. We're all completely amazed.

I was the next person to see Ellen for an evaluation. I've had allergies since I was four. The first memory I have from allergies stems from cat dander. I'm also allergic to grass, pollen, mold etc. After a couple of hours, Ellen chose a remedy for me in her office. Within the minute I could feel "movement." That's the only word I can think of to describe the feeling after taking the remedy. She asked if it felt like "buzzing" and I replied, "Yes, that's even a better word to describe the feeling." I have slept with the windows open in the summer, which is something I never do. I have weeded landscaped areas in our yard, which always produces allergic reactions and have had no serious allergic irritation. I follow Ellen's instructions by using the remedy in water and that takes away any slight irritation. I'm not using decongestants or anti-histamines that have side affects. I'm looking forward to being rid of all the sinus issues associated with allergies.

My oldest son plays baseball and after pitching he injured his elbow area. Normally, this type of injury takes a couple of weeks to heal. After using the recommended remedy combination that Ellen has available, his arm was back to normal within 3 1/2 days.

Homeopathic approaches to healthcare, in my opinion, should be utilized in acute and chronic conditions. A classical homeopath like Ellen can pinpoint the correct remedy to meet the physical and mental needs of each individual. She has a vast knowledge of the remedies and an intuitive sense about human behavior.

Cathleen Watson-Smith

December 30, 2008

Ms. Ellen Fowler Bench
651 Treece Gulch rd.
Stevensville, Mt., 59870

Dear Ms. Bench:

I wanted to take this opportunity to Thank You for literally saving my 25 year old Arab's life. In August of this year my vet had to pull a bad tooth of her's... At the time he did not think that she needed to be put on any antibiotics and it appeared at the time that she was going to be just fine. However, one week later she had a raging temperature, and was not eating or drinking... He immediately started her on a 2 week course of Sulpha and Bute. It didn't work. All in all she was on Sulpha for a total of 6 weeks. During this time she lost about 150 pounds, and her mane and tail fell out. About four weeks into this ordeal I noticed several huge adema's under her belly. The vet came back out, took blood, ran tests, and the bottom line was that the infection from her tooth had traveled to her Liver and now her liver was failing. I was told that there was nothing more that they could do and that she was probably going to die. I found a small article in the paper about some classes that you were giving and contacted you. You prescribed two TINY little pills twice a day for 2 weeks. I must tell you that I was very skeptical that this was going to work, but at this point I was willing to try anything. Within ONE week her ademas were 1/2 there size and within 2 weeks they were completely GONE. You then prescribed another tiny pill that was to restore the damage to her liver and that worked as well. As of the above date, she has re-gained all her weight, her mane and tail are growing back and she is once again my feisty, happy, healthy old lady..

Thank you so much for helping us when we thought that there was no help.
sincerely,

Cathee Watson-Smith



April 7, 1999

To Whom It May Concern:

I am writing this letter on behalf of Ellen I have known Ellen for about four years. She is my family's homeopathic counselor and a friend as well. We have been guests in her home numerous times as well as receiving medical advice from her at her home office.

During the times I have seen Ellen with her family, I have witnessed nothing but pure love, affection, patience, and caring. I can attest to the fact that she treats her patients and friends with the same qualities.

Ellen is a classic example of a person who is somehow able to do it all; holding a professional career which requires her to make herself available virtually around the clock to her patients, teaching, home schooling, raising the majority of her family's food, preparing elaborate home cooked meals, and always putting her girls and their activities first.

My children have been guests in Ellen's home both at times that I have been there and times when I have not. I feel comfortable placing all my trust in Ellen's ability to care for my children. In fact, Ellen cared for my young daughter during a very scary episode involving a 105° fever which lasted several hours into the late night. This illness occurred at a that time that my husband was traveling out-of-town. Ellen took us into her home and cared for us until the early morning hours when the fever broke. This opportunity allowed me to witness her excellent judgment-- she did not hesitate for a moment to suppose that the illness could be beyond her ability to treat and she called an ambulance to assist her in a diagnosis.

As you can tell, I can't say enough good about Ellen. I am grateful and proud to know her. Please do not hesitate to contact me (777-0153) if you have any questions.

Sincerely,

Tami E Brewer

Tami E. Brewer
1450 Three Mile Creek Road
Stevensville, MT 59870

My son got involved in drugs, alcohol, etc..... due to a stressful job situation and a move. To make a very long story short, he was in a hospital for about a week and the imbalance could not be determined. He was about to be sent to a mental institution for several months to be evaluated. We knew that he would be drugged up 24/7.

He was of age and had refused the drug they wanted him to take while in the hospital. When the nurse read the side effects to us, we were appalled! Her very words were: "All drugs have side-effects." She wanted us to try and persuade our son to take it.

Through nothing short of a miracle, he was released into our custody (his parents) after a court hearing. He was so paranoid and not his normal self at all. He wasn't eating right and his system was a mess. Through much persuasion I (Mom) talked him into going to Ellen for counseling. I had to agree not to tell anyone! I kept his confidence.

Ellen was able to bring him back to balance in mind and body. For the last several years (4) he has been able to hold down a job and live in his own place. He has risen in the company he works for and has been put in a leadership position over a crew of men. We were just amazed how Ellen was able to bring our son back to the one we used to know without drugs and their terrible, damaging side effects.

Several months after going to her we were visiting with friends and our son was also there. (I never betrayed his confidence all this time) My husband was telling our friends (who are very sick) how much Ellen had done for him. Our son piped up and told them what help she had been to himself and how much he enjoyed the consultation. Needless to say, I was shocked and my husband had no clue about the visit. He hasn't been paranoid about anything since. He freely talks about it to others now also.

Sally J

Hi Ellen,

I thought I would provide you with an update since we have completed the first four days of the Mangan and now are on the 1st weekly dose for 4 weeks. Good news! She is not arching her back. She has been proactive in feeding herself and has been really good at it. Saturday night we were having pizza and had cut it into smaller pieces for her. Rick was feeling it to her with her fork and she grabbed the fork out of his hand and took control. All we needed to do was to help her stab the next piece onto the fork. Then she repeated this exercise again on Sunday during lunch. I tried it again at lunch today and she is getting better. It is very exciting! Did you send us a magic potion?

She is still having a difficult time of sleeping. When she wakes in the morning or after a nap, she has dark circles under her eyes and she seems sleepy but we think these issues will dissipate once she gets off Lamictal!

Thanks for all of your continuous and extremely helpful help.

Kristine

I would like to express my gratitude for the dramatic change in my emotional and mental life after my remedy. I found my center again. I was able to move forward without fear and depression, that was combined with a deep inner sadness. I'd had that for 20 years. I found happiness and my real self again. *Valerie*

People (teachers and speech therapist) keep stopping me to tell me how well my (autistic) son is doing! (3 weeks following remedy) *K.M. of Missoula*

I brought my daughter to see Ellen after getting no relief from high fever with delirium, severe stomach gas and cramping, severe sore throat, profuse mucous and stuffiness in nose, and rash on extremities of her body. She hadn't eaten for several days. The next day we reported to Ellen that she had eaten steak and broccoli for dinner, slept all night without a fever, and woke up in the morning with good energy and no rash. *RL*

Hi Ellen!

Thank you for taking the time for my case AND Veronica's...

It's very exciting for me to be getting a handle on health complaints, regular MD's don't seem to care about.

I seen you on 6/22, you prescribed Cina 200 for both me and my daughter Veronica.

Here are the results...

**Me...*

I have noted little aggrivation! I have taken one a day, and then put one in water & swigged.

I feel my breathing is better, not great...but better.

BUT, my energy level is through the roof and my 'achyness' is gone!

(I really don't want to stop taking it) It has helped me so much this week!

I worked circles around my hubby, all weekend (landscaping) I can't remember the last time I did that!

**Veronica...*

The first dose I gave her. She turned WHITE, sweated, and had to sit down.

She said her eyes felt funny, and she could see colors. (red & green)

I was doing her hair and discovered 4 pustules on her scalp...that bled and hurt.

Immediately I gave her water and made her swig it!!!

The following 2 days, I noted excellant improvement!!!

Her compliance was so much better, her speech...well, she was telling me things that I know have been on her mind, that she couldn't convey to me prior to this.

For instance, she says "mom, sometimes I have creepy crawlys on my legs"

(that is a major step for her) she doesn't normally ever tell me how she "feels".

Thanks SO much!

B. Johnson

July 11, 2016

Dearest Ellen,

Here some lines to provide feedback on the latest remedy ([REDACTED] [REDACTED]) that I used while traveling to [REDACTED]

Long story short, I love it!!! I took it when I was feeling anxious/worried, specially anticipating any reaction from my mom because I wanted to sleep over at my dad's or whatever. I didn't react mentally or emotionally towards my mom's actions, it didn't affect me if she was upset or not. I was able to keep my grounding, have compassion towards her and do what I wanted to do. I honestly believe I haven't had that feeling of grounding and easy in my whole life, I always had so much fear, anger and judgment. It has been liberating to observe but not react. AMAZING! THANK YOU!

Also, I have noticed that [REDACTED] and I reconnected during and still after the trip. I am enjoying more his presence and sharing with him. When you asked me last session how were things with my husband, I said like a rollercoaster up and down, which has been the case, however, I was so focus on my mom stuff that I forgot to share a few important facts.

The truth is that the relationship was more down than up, from my perspective I saw: absence of help in the house, very minimum financial support and not justified jealousy. All very irritating things because I felt I was doing it all AND getting a man jealous for really no reason but his own insecurity, so that irritated me even more! We came back and since we have been more connected I told him that we needed to sit and lay out a household budget, that he needed to drastically increase his pay check because a couple of hundred dollars per pay check wont do it. And we did! Even better without fighting!! It may sound silly but you have no idea how much tension the financial conversation has generated over the years between us.

Now, what I feel is pending is working on his jealousy, that needs immediate attention, he checks my emails, my phone and throws tantrums without success because of course there is nothing to be found. Sometimes I laugh and others it pisses me off. I believe that if that energy is effectively used instead of wasted he could be creating amazing things, don't you think? Is there a remedy for that? Please let me know your thoughts.

Much love and gratitude to you always,

[REDACTED]

Ellen,

I just want to let you know - again -
how much I appreciate all that you do -
and how much I admire you! You
have some great qualities that you've
been able to use with the homeopathy
that have been so beneficial & life-
changing to so many. Greatness of-
character - I'm so thankful for you
and the impact you've had on my life!
And I just want to encourage you in
the sacrifices you make with all your
travels & stress - it's wonderful that you
are willing to do that. I think about
you everyday! Hoping you are enjoying
your classes this month too. Love you!
~~Pat~~

Message from CHC Website Contact Form

From: ~~Jessica Riley~~ (wordpress@homeopathyinformation.com)

Sent: Mon 5/09/16 11:38 AM

To: info@homeopathyinformation.com

From: ~~Jessica Riley~~

Email: ~~jessicariley@gmail.com~~

Subject: review of liguisticum

Message Body:

Hello,

Would like to share a story. My boyfriend started having an asthma attack in the car. I was driving behind in my own car and didn't know it was happening. When we arrived home 5 minutes later he could barely speak. We went home and I struggled to find a remedy that would work. Right as I was about to call ambulance he reached for the liguisticum stopped his own asthma immediately. Wow this stuff really works!

--

This mail was sent via a contact form on Classical Homeopathic Counseling
<http://www.homeopathyinformation.com>

Denise litz college test

~~Denise Litz~~
~~Classical Homeopathic Counseling~~
~~Stevensville, MT~~

From: **Classical Homeopathic Counseling** (info@homeopathyinformation.com)

Sent: Wed 1/06/16 1:43 PM

To: joann@musetechweb.com (joann@musetechweb.com)

Bcc: chcmontana112@gmail.com (chcmontana112@gmail.com)

Please find my review of the clinical homeopathic college as follows:

The experience I had earning my diploma from Ellen Bench's Clinical Homeopathic College was undeniably excellent. Ellen combines her extensive knowledge of remedies and case taking in a way that allows the student to enhance their skills. She combines a thorough presentation of Hahnemann, Vithoulkas, Sankaran and Scholten in order to deepen the knowledge base of the student. It was especially helpful to hear speakers discuss their perspective and experience with case taking. Ellen also provides her own live cases for students to watch and develop their reperortizing skills based on the information in the consultation.

There is no English word to properly translate *wesen* and there are not enough descriptive words to depict Ellen's abilities, although genius is a good start. You simply have to experience Ellen's instruction through the Clinical Homeopathic College.

Classical Homeopathic Counseling

P.O. Box 6

Stevensville MT 59870

(406) 777-5875

<http://homeopathyinformation.com>

HomeopathEllen@Hotmail.com

Referral Story for Ellen's Stroke Combo

I recently attended Ellen's Family I class and decided to invest in the Family I,II kits. In reading the pamphlets certain ones would strongly impress themselves on my mind more than others immediately, one of them being the remedy for strokes. I have an 82 yr. old friend I look in on and spend time with. This last Sunday I went over early as she didn't answer either time I had called earlier in the day. I found her on her back lying in front of the washer/dryer machines. At first I thought the worst had happened and after calling her name a few times she responded. I called 911 and they thought she had experienced a stroke. After the ambulance picked her up I made sure I had the stroke remedy with me. At the hospital, it was confirmed she'd had a stroke first and that's what caused the fall. My friend had been on her back in the garage for approximately 24 hours so they said there was nothing they could do, the 3-hour window of opportunity had passed and all they could do was assess her degree of deficit. My friend had been through a terrible trauma as we also experienced a terrible thunderstorm that day as well as everything else.

At the ER room I was able to slip the remedy for strokes one time in her mouth. That was all I could manage safely. I figured it was in the hands of God if it would help. I feel even this one dose helped her to be conscious and alert enough to state to the doctor directly what her wishes were. She was placed in hospice that night. I left her about 1am once she was settled in her room and a wonderful nurse had come in and started her assessment.

The next day I arrived at about 8am. My friend was not able to swallow so was not allowed to drink but could use those sponge sticks to wet her mouth. I was able to dilute a stroke remedy pill in a small glass of water and gave her three sponges soaked in it over the course of an hour. She was able to sleep the rest of the day and night.

The next day about 11am I received a call from the hospice liaison saying that my friend had a miraculous turn of events and that she was awake, alert, could talk (albeit much differently than her pre-stroke self), could understand and wanted to go home! I was able to make it back by 2pm and it was true that she had regained quite a bit of function that was not "in the books". She was moved from hospice to the next level of care up and is going to a skilled nursing facility next and hopefully home in two weeks with the help of caregivers.

~ E. F. California ~

[Print](#)[Close](#)

Toothpaste Testimonial

From: [REDACTED] (a133@vfemail.net)

Sent: Wed 6/18/14 9:54 PM

To: homeopathellen@hotmail.com

Hello,

Here is a testimony for Ellen's toothpaste. You can post it, but if you do, I ask you to keep my name/state anonymous. You can use an alias name/state if you want to. Here it is:

I have been using Ellen's toothpaste for a number of weeks now and I absolutely love it! It tastes fantastic and I especially love the fact that it doesn't contain anything known to be certainly or possibly harmful like with over 95% of the toothpastes on the market. I trust Ellen's expertise on health and am very glad to have not just any ordinary toothpaste that merely prevents dental problems, but one that actively promotes good oral health due to the powerful homeopathic and non-homeopathic ingredients that she uses.

Sincerely,

[REDACTED]

[Print](#)[Close](#)

From: ~~Kathleen Sobotka (ksobotka@telebeep.com)~~
Sent: Fri 1/08/16 8:25 AM
To: Ellen Bench (homeopathellen@hotmail.com)

Hi Ellen,

As you requested, I've been thinking about the feedback I've gotten about the first 2 years, the possibility of a 3rd year college class, and also answers to your questions. Here are a few things that come to mind.

1) Quality and level of materials related to facilitating real client needs.

The information presented by you is excellent - totally fantastic. You have so much knowledge to offer, plus the willingness to share it and the ability to make it understandable. Handouts and books recommended were good, but I still often felt like I didn't have adequate reference books to find the answers. By the end of the two years, I felt like I was looking up the same things in the Repertory and coming to the same remedies, even when trying to think beyond what was actually listed (like if Lach is listed, can consider any snake...) Notes from your classes with the essence of the remedies was the best resource but finding details when needed was a challenge. I have since been organizing notes on the computer to make that task easier but have lots of work there yet. I feel like I do not know enough about the remedies yet, and I love learning more about them from you.

2) How has homeopathy advanced and impacted your practice, businesses, or lives?

I can't even imagine life without homeopathy. The products you've made available like Calendula Cream, Injury Combo and so many more, have become such a part of our lives that we don't want to be without them. The knowledge to be able to use remedies in Family 1, 2, 3... kits also has had such an impact. There is hardly a day that goes by that we are not using remedies with benefit for our family, friends, livestock, garden, or pets. In our ranch business, we no longer use a needle and have so much less handling of cattle, almost no vet bills, and have healthier livestock then ever. Being able to have options for acute care for the animals and ourselves is so helpful. The use of remedies for the state of the person via consultation for chronic complaints has been totally life-changing personally and for our family, friends, and acquaintances. Also, watching how much you are able to help others with the cases you've shared is so fascinating, rewarding, and encouraging.

3) What did you enjoy most about Ellen's Classical Homeopathic College program?

I like your presentations - listening to the classes and discussion. I like learning about the remedies and I also like your distinctions about when to choose which remedy. Listening to cases and especially your insight about them is fascinating.

4) How do you feel about doing live cases and presentations in comparison to learning from only books and lectures?

Being able to listen to live cases is a great experience. Chronic case-taking has so much art and skill to it; it's not like learning by rote - so the more the live case experience the more the learning is absorbed and retained. But your explanation and insight is the best and totally invaluable. I wish that the cases you assigned in Year 2 and more of the movies would also have been discussed and commented on by you via webinar or zip drive. The feedback from you is totally invaluable and makes all the difference.

In summary, I felt that your college class Year 1 and 2 were very well done and have helped me with the level of homeopathy I am doing. Taking the classes and completing the cases & homework was stressful though. I think I spent closer to 40 hours a week than 20. I was somewhat burned out by the end of the second year and so glad to be done. As far as a Year 3, I'm always happy to learn more and know you have so much more to offer, but I'm not excited about putting that much time and effort into doing more cases for homework and keeping up with deadlines. Also, it will be a challenge coming up with and justifying another \$4000 with our additional bills including having to pay for at least part of a hip surgery, etc. I don't like the thought of missing out on whatever you decide to teach either, as I know it will be great!

Hope that is helpful. Be happy to talk more about it if you want. And thanks so much for all you've done!

Kathleen

P.S. If you want to pull out parts of this as a referral that would be fine.

Sperry, Ph.D.
Consulting on Organizational and Group Dynamics

Ellen Fowler-Bench, D. Hom
MT 59870

Dear Ellen:

We first became acquainted when you began counseling my wife regarding persistent post-menopausal problems. I was so favorably impressed by your straight forward and clear introduction to homeopathy, and by the good results my wife was experiencing that I also made a consultation appointment with you. Inspired by this renewal of my interest in homeopathy, I began doing some in depth reading on the subject and soon found myself wanting to learn much more.

In addition to learning from you during my consultation sessions as a patient, I enrolled in your one-day introductory class, your veterinary homeopathy class, and finally, in your 50-hour theory class. The combination of my own readings and your continuing mentoring has been a very powerful learning experience. I think you helped me learn in at least three important ways. First, your instruction was always packed with information, ranging from very elementary points to very advanced concepts, depending on the kinds of questions students asked. Second, in our many one-on-one conversations, you coached me on such things as case taking, remedy selection, dosage and related homeopathic theory. And third, since starting my formal academic program and participating in my first homeopathy seminar, I realize how well the breadth of topics you have introduced me to, and the depth of understanding you helped me reach, have prepared me to receive continuing and more advanced learning.

For example, such concepts as miasms and Sankaran's vital sensations are not even covered until year two and beyond of my training program. Yet, largely because of your mentoring and the readings to which you directed me, I felt comfortable participating in discussion of these topics in a recent three-day seminar that included mostly experienced practitioners, including licensed NDs and MDs. I still have much to learn about the basics, but your mentoring has prepared me to absorb new material much more quickly than would otherwise have been the case.

I have found you to be consistently passionate in your commitment to resolving patient cases, and to sharing your knowledge with others. In stark contrast to most allopathic medical practitioners, you take the time to hear and understand the patient's symptoms, to explain your recommended treatment, and to follow up for as long and as often as necessary to assure that true healing is underway. And this same tenacious follow up is true of your teaching. You make yourself readily available for questions, consultation and advice; such as you did when I was trying to decide which homeopathy school was the best match for my needs. Your input played an important role in my decision and I have been very happy with that choice.

I continue to refer patients to you and I highly recommend that one who is interested in studying homeopathy, whether on a casual basis or as a serious student, enroll in your classes and seek your counsel on how best to advance their learning.

Sincerely,

/S/

Testimony for CHC College Program

I am one of Ellen's students in her Clinical Homeopathic College program. I love her program and am learning a tremendous amount. I chose Ellen's program over other homeopathy college options because of the following reasons:

(1) In this program, you learn 200 remedies in-depth whereas in other programs, it is common to learn only about a quarter or half this many remedies.

(2) In this program, you learn the latest cutting-edge homeopathic discoveries and best practices learned from homeopathy masters such as Jan Scholten and Rajan Sankaran (whom Ellen has studied under overseas), whereas oftentimes other homeopathy programs are working with outdated homeopathic models and philosophy; and furthermore, many other programs try to focus simultaneously on the medical model which can oftentimes limit the amount of homeopathy you can learn or delay getting to the meat of the homeopathic studies.

(3) Since this program is long distance, it allows you to learn while working full-time and gives you the flexibility to fit the lessons in according to your schedule.

Ellen's program includes monthly lectures, homework, notes, case-taking (60 cases a year), and consultations with Ellen who assists you in your cases. Ellen has a wonderful personality and is a great teacher and homeopath. She has studied under some of the greatest homeopaths in the world and knows her stuff. She loves teaching and it shows. She doesn't treat you like a number but is interested and invested in making you a truly effective homeopath in order to enable you to help people in a deep and powerful manner and achieve success in your practice. I highly recommend her homeopathy college program.

She packed up her potential
and all she had learned,
Grabbed a Cute pair of shoes
and headed out to
change a few things.



Ellen,

THANK YOU! For all the time &
energy you put into homeopathy.

It has change my life, I feel so
much better, think clearer & sleep
soundly so many nights. You have been
a blessing to our whole family in
many ways.
Client & Friend

College and Community Class Referrals

I have been very impressed . . . with Ellen's dedication and enthusiasm toward Homeopathy and the opportunity to teach it. She always ensures that the students get more than they paid for. It is one of the most popular seminars that we offer

D Healey

After studying homeopathy with you and now with the British Institute I feel very humble. There is so much to learn and understand. You are a master of the art of homeopathy. *L Peterson*

I have been working with Ellen as a homeopathic health care provider for the past year. In that time I have seen solid positive changes in my health status. I am an Occupational Therapist and I have frequently given her name to not only friends but clients as well.

Betsy H.

The Homeopathy course was very instructive. She is so open to covering what the class wants, has more knowledge than I could possibly ever absorb, motivating, supportive, it was an awesome experience. *EL Mythotherapy College*

I would like to include Homeopathy in my practice. *PF*

I loved it (Homeopathy II) and would like to learn more. *MS*

Empowering; Ellen facilitated using homeopathy to enhance my existing practice. *NC SLC Myotherapy College Massage Course*

I cannot express upon you enough that Ellen is a dynamic teacher. Her knowledge of homeopathy far exceeds that of anyone I have ever met - and her experience is invaluable. As you go through her classes she is thorough in giving the facts of the remedies - but she also relates stories of her practice that give the remedies a personality that is easy to remember. Ellen has a dry, quick wit - and you'll find yourself laughing during much of the class. Indeed, whether you are attending a two-hour or six-hour class, you will be amazed at how quickly time passes - and will find yourself wanting her to continue relating her experiences. . .

If you even think you would like to learn anything at all about homeopathy - and you have the good fortune of having ELLEN FLOWLER BENCH as your teacher - I suggest that you do whatever you have to do to schedule as much time as possible as her student. *Barbara S.*